

2025-2026 STAR Pattern and Solo Dance Requirements Quick Reference Guide

Pattern Dance: Team comprised of two skaters

Event	Test Prerequisite	Dance #1	Dance #2
STAR 2/STAR 3*	Each skater must have passed the STAR 1 dance assessment.	Dutch Waltz (2 sequences)	Baby Blues (2 sequences)
STAR 4/STAR 5	Each skater must have passed the STAR 3 dance assessment.	Swing (2 sequences)	Fiesta Tango (3 sequences)
STAR 6/STAR 7	At least one partner must have passed the complete STAR 5 dance assessment.	Fourteenstep (4 sequences)	Foxtrot (4 sequences)
STAR 8/STAR 9	At least one partner must have passed the complete STAR 5 dance assessment.	Tango (2 sequences)	Blues (3 sequences)
STAR 10/Gold	At least one partner must have passed the complete STAR 7 dance assessment.	Quickstep (4 sequences)	Argentine Tango (2 sequences)
Diamond	At least one partner must have passed the complete STAR 7 dance assessment.	Westminster (2 sequences)	Rhumba (4 sequences)

*STAR 2/STAR 3 dance events will be assessed to standard.

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Solo Dance

Event	Test Prerequisite	Dance #1	Dance #2
STAR 2/STAR 3*	Skater must have passed the STAR 1 dance assessment.	DRAW FOR ONE <u>OR TWO</u> OF: Dutch Waltz (2 sequences) Canasta Tango (2 sequences) Baby Blues (2 sequences)	
STAR 4/STAR 5	Skater must have passed the STAR 3 dance assessment or higher.	Swing (2 sequences)	Fiesta Tango (3 sequences)
STAR 6/STAR 7	Skater must have passed the complete STAR 5 dance assessment or higher.	Fourteenstep (4 sequences)	Foxtrot (4 sequences)
STAR 8/STAR 9	Skater must have passed the complete STAR 5 dance assessment or higher.	Tango (2 sequences)	Blues (3 sequences)
STAR 10/Gold	Skater must have passed the complete STAR 8 dance assessment.	Quickstep (4 sequences)	Argentine Tango (2 sequences)

*STAR 2/STAR 3 dance events will be assessed to standard.

Solo Rhythm Dance

Pattern Dance Element	Step Sequence	Sequential Twizzles	Edge Element
TBD 2 Sequences <i>The 2 sequences may either be skated one after the other or separately. Step #1 of each sequence must be skated on a different side of the ice surface.</i>	One Step Sequence (Style B) <i>Midline- full length of ice Diagonal- corner to corner</i>	One set of sequential twizzles <i>Different feet and entry edge Min 2 rotations per foot Maximum 2 steps between twizzles</i>	One Edge Element <i><u>One (1) short edge element.</u> <u>The edge element must be held in position for a minimum of three seconds but cannot exceed seven seconds.</u></i>