

2022/2023 Clarification from Technical Committee and Sport Technical Director

Question and Answer 2022/23 N° 2

## **Clarifications on Spins**

Difficult entrance and exit in the same spin

In order to get feature for both difficult entrance and difficult exit, they must be executed in different spins. For example: If a skater executes in a Layback spin difficult entrance, change of position from side to back, Upright Layback variation, Upright Biellmann variation and difficult exit, the technical panel can take the difficult exit as a feature to award Level 4 in this spin. All five features are used in the next spins. Note that if a skater executes windmill as difficult entrance, windmill as difficult exit cannot be awarded since the second attempt of windmill movement is used.

Difficult variation of flying entry and difficult entrance are 2 different features.

Difficult variation of flying entry and difficult exit can be awarded in the same spin.

Both directions immediately following each other in sit or camel spin

In case of spin in both directions on the same foot, one turn or one change of edge is allowed when changing the direction. The feature is counted on the foot of execution.

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