

Thin Ice

ORFORD & WILLIAMS WIN BRONZE AT SALT LAKE CITY

Ice dance teams Kaitlyn Weaver and Andrew Poje of Waterloo, Ont., and Nicole Orford of Burnaby, B.C., and Thomas Williams of Okotoks, Alta., earned silver and bronze medals on Saturday to conclude the U.S. International Figure Skating Classic.

Two-time world champions Meryl Davis and Charlie White of the U.S., won the gold medal with 183.69 points. Weaver and Poje followed at 161.99 and Orford and Williams were third at 137.60.

Weaver and Poje's season was shortened in 2012-13 when Weaver broke her ankle. However they came back a few weeks later to place an impressive fifth at the world championships. Weaver had successful surgery this past summer on her foot to remove a plate and five screws used to repair the ankle.



"This competition was a test for my foot and it felt great," said Weaver. "We've never competed this early in the season so it's nice to get these programs out there. Now we have five weeks before our next competition to clean up the programs."

Continued on page 12...

INSIDE THIS ISSUE

Club News	4
Region News	8
Whistler Team Camp.....	9
Adult Seminar.....	11
International Assignments.....	13
International Medalists	14
Live Streamed Update	15
Coaches Corner	16
Clubs—Insurance.....	18
Getting to Know Our Athletes ..	19
Gold Feet	21



"WHERE TECHNIQUE AND ARTISTRY BECOME ONE!"

Summer Program: June 24 - August 15, 2013

Sanctioned by Skate Canada

The Centre of Excellence offers Competitive Single, Competitive Dance, Junior Academy and Learn to Skate. Our programs are unique in the country.

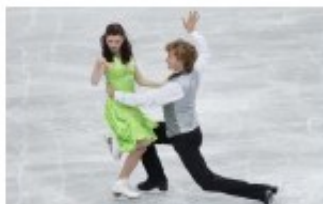
Our world class programs have developed skaters to the ISU Junior and Senior Grand Prix, Junior and Senior Worlds, and Olympic Winter Games. Since 1999, BCCOE has had over 75 National medalists and champions.

Joanne McLeod, Skating Director, and Megan Wing and Aaron Lowe, Competitive Dance Coaches have won Skate Canada National Competitive Coach of the Year recognition.

We take pride in not just performance excellence, but also in building coping and confidence skills for life.



- *Figure Skating only ice surface*
- *200 x 90 Heated Facility Figure skating ice-thicker, softer*
- *Off ice dance studio with all audio and visual resources*
- *Off-ice physical strength training facility and program (Acceleration Program)*
- *Currently sports a beautiful wall mural*



Centre of Excellence at Burnaby 8 Rinks 6501 Sprott Street, Burnaby BC V5B 3B8
Tel: 604-291-0626 ext 258 www.icesports.com centreofexcellence@icesports.com

MESSAGE FROM THE CHARMAN

Welcome back to another great skating season! I know that Clubs are busy organizing their year ahead. Schedules and fees are being completed, registration of skaters is happening, and fundraising plans are being organized! It would seem appropriate then to say THANKS to all of our Club Boards, Region Boards and of course the Coaches for investing their time and energy into this sport!!

I think that everyone is looking forward to this competitive season. We have a busy year ahead with competitions throughout our Section. The Pond to Podium Super Series is getting very high registrations so I believe that we can call this concept successful! Let's continue to support this initiative and see the improvement of our skaters throughout the year.

We are very excited to be hosting the Canadian Synchronized Skating Championships in Burnaby on February 20-22, 2014. There is a wonderful group of volunteers coordinating this project along with the City of Burnaby. We will be looking for people to volunteer and work at the actual competition – so when you see that request come out, please consider volunteering. This is a super competition that very rarely comes to BC.

There is restructuring taking place at the National Skate Canada office – we welcome Dan Thompson as the new CEO and Leanna Caron who was elected as the Chairman of Skate Canada. Sally Rehorick was elected to the National Board, as well other new comers Rod Garossino, and Karen Butcher. I believe that there will be exciting ideas and plans coming from this new Board. We also have several people sitting on National Committees including Beth Crane, Sharon Dahl, Janice Hunter, Laura Carr, Wayne Sutherland, Aaron Lowe, Jason Mongrain, Joanne MacLeod, Sally Rehorick and myself. Our Section is truly represented in the operations and plans that will be coming from our National organization.

So, welcome back everyone, I am looking forward to seeing some exciting things happen on and off the ice this coming season!

Lorraine Mapoles
Chairman BC/YK Section Skate Canada



CLUB NEWS

Campbell River SC

So many great volunteers make up the Campbell River Skating Club, Thank You for your dedication. Just to name a couple of our successful fund raisers; a hot dog sale in conjunction with a Giant Marine Garage Sale and a Beer & Burger Night with Silent Auction. Of course, we get to relax too! We had a wind up celebration, following our Summer skate, at a member's house on the beach; great people, awesome food and even a cruise ship went by; weather co-operated beautifully too.

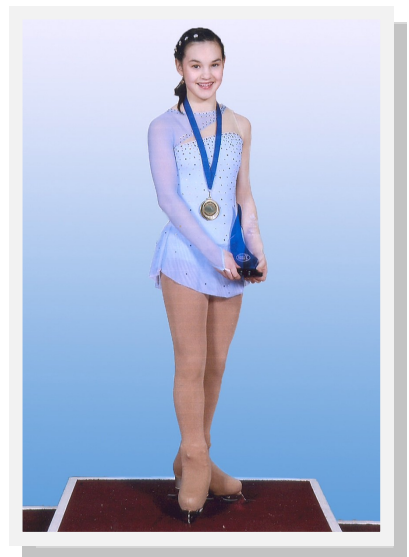


We are very excited to be starting the 2013/2014 year by implementing the new Learn to Skate Program. Taking the helm in this implementation is our Learn to Skate Director, Keri Ellis and contributing to that success is our other Coaches, Rae Anne and Jan-nine, and our Program Assistants. Thank you to Anna, Marin, Andrea, Heather, Megan, Rebecca, Leanna and Savannah. A bit overwhelming learning all the new stuff but they are rising to the chal-

lenge.

In addition to fund raising, enjoying the water, and learning the new Learn to Skate Program, our skaters are enjoying attending competitions on and off the Island. Special recognition is given to Savannah Wasden. She is the current reigning Provincial Senior Bronze Ladies Figure Skating Champion, winning the title in Kelowna in early March. Not only was she the competition winner, she also compiled the most points throughout the skating year, which made her the BC Super Series Overall Senior Bronze Winner. Congratulations!

This rounds out some of the highlights from the past few months...looking forward to what awaits us just around the corner!!! Happy skating,



CLUB NEWS

FORT ST JOHN SC

The FSJFSC 2013/14 season is underway. This summer we had three skaters from our club compete in the BC Summerskate Competition in Burnaby. Georgia Dawkin, Kirstyn Beech and Shaya Jeffrey represented our club well. The FSJFSC offered a summer ice program starting on August 19. Steve Muff joined us the last week of August to share his knowledge with the 18 skaters.

The Starskate and Competitive groups officially hit the ice on September 3. We are gearing up for a test day on September 27 and a few skaters are getting ready for the Autumn Leaves competition on Chilliwack.

The FSJFSC Coaches; Jen Hammond, Jody Bates, Tiffany Lumley and Whitney Jarrett are gearing up for a great season. We are also fortunate to have a coach move to Fort St. John from Toronto; Rick Copeland has also joined our coaching staff.

This year our club is using The Coast Registries online registration system and highly recommend it. Our PreCanskate and Canskate program are full and will start October 7, 2013.

The FSJFSC is looking forward to a great year and we hope to see everyone at the TOTEM competition. Let the skating begin!



JUAN DE FUCA

Juan de Fuca welcomes Leslee and Larry Rushton to their coaching team! We are very happy to have such experienced and well respected "newcomers" come on board. (Our coaches have a grand total of nearly 130 years of experience!) The club hosted a Meet and Greet in the spring so the families could see and hear first hand the future plans for the skaters. Summer School went very well and the new format of "Team Coaching" was well received.

On Sept 14 we honoured our coaches by acknowledging BC Coaches Week with treats and goodies. We asked them what kept them coaching and got some super replies and sent them reminiscing. Dave MacDonald's fondest memory is of a skater passing her Gold Figures in the early 80s. It was his first as a coach and very difficult to attain in those days. Annaliese Forgiarini loves the "ah-ha moments", when the



Some of the coaching team: Leslee Rushton, Larry Rushton, Dave MacDonald and Annaliese Forgiarini

Cont.....

CLUB NEWS

Cont...

kids achieve their firsts whether it be a loop jump, a test or a competition result, these things just keep her going. Deanna Young is "inspired by the kids that I get to work with every day. I enjoy giving back to the club in which I grew up with and love to share my passion for the sport with my skaters." Leslee and Larry collaborated as they have for the past 26 years and talked of their many ice shows, having three National Champions in two years, the seventy-something dance team that competed in a regional competition and teaching not one but two blind children how to skate!

Kelowna SC

Another summer has just wrapped up, and it was a very busy and successful one for our skaters and coaches!

First off, congratulations to KSC coach Madison Lyon for receiving her NCCP Level 3 Certification and graduating with a Bachelor of Kinesiology degree! Her hard work is paying off for both herself and our skaters!

In June, eighteen of our skaters traveled to Wenatchee, Washington, to compete at the Apple Ice Classic. Cailey England (Jr Women Short), Julianne Delaurier (Jr Women Free), Rachel Pettitt (Novice Women Free), Mckenna Colthorp (Pre-Novice Women Short and Free), Olivia Gran (Juvenile Women), Maya Rose (Pre-Juvenile Women), and Carter Hiob won gold medals. It was a terrific team-building event for our skaters.

In July, five of our skaters traveled to Anaheim, California, to compete at the Glacier Falls Summer Classic. While the level of skating at all events was phenomenal, our skaters rose to the challenge and performed well. Julianne Delaurier finished 2nd in her qualifying group with a fantastic score of 136.18 points, which was a personal best, qualifying her to the final round, where she placed 6th. Jayda Jurome finished 3rd in her qualifying group, also qualifying her to the final round, where she scored a personal best 80.37 points, placing her 5th in an excellent field of skaters. Ajsha Gorman also qualified to the final round in Pre-Novice Women.

In August, the KSC was pleased to welcome Olympic coach and long time Skate Canada development official Louis Stong. Louis was at Kelowna for 2 days and had a chance to work with our skaters of all levels.

Also in August, we had 39 skaters travel to Burnaby for the Super Series BC Summerskate competition. Mckenna Colthorp (Pre-Novice), Daria Carr (Pre-Juvenile), Ashley Sales (Senior Bronze), and Abbey Reiter (Junior Silver) won gold medals.

Just following that event, 9 of our skaters traveled to Whistler to participate at the BC Team and Prospects Team Camp, along with coaches Brittany Novakowski and Madison Lyon. There was a lot of fun and positive learning experiences for all who attended.

CLUB NEWS

Cont...

Brittany had an especially busy final couple of weeks of summer in preparation for a special event... In early September, she married her long time boyfriend, Josh Krieg. Congratulations to both!

This month, Julianne will be honoured to represent Canada at Gdansk, Poland for ISU Junior Grand Prix #4. This is a fantastic opportunity for her, as she is the second skater in Okanagan history to receive an International Assignment! Good Luck Jules!

Wishing everyone a successful fall and winter season ahead!

SAANICH SC

The Saanich Skating Club of Victoria held their annual 5 week Summer School. Between Arts and Crafts for the younger skaters and the weekly Theme days for all of the skaters, the fun never stopped. One of the weekly themes this year was Animal Day & we're not sure who had more fun - the Coaches or the Skaters. Summer School left the skaters with many accomplishments, new friends, and great memories. Congratulations on all the tests that the skaters passed. We had a 100% pass rate!



Animal Theme Day

SSCV is very proud of Zoe Delano, Olivia Williams, Johanna Bergic, Caribe Neimann and Aurelia Guns-Cardoso who represented the club in the singles events at the BC Summer Skate Competition in Burnaby this past August. We'd like to give a special mention to our Pre Novice dance couple Cedar Bridgewood and Ravie Cunningham who won the Freedance portion, and placed second overall. Congratulations on your silver medal!

Our Canskate program couldn't run without this very special group of people; our Program Assistants. This September we held our annual PA clinic to train new PAs and to keep our experienced PAs up to date and refreshed. The Saanich Skating Club of Victoria would like to thank all of them for volunteering their time and for continuing to do such an outstanding job! Well done!



Left: PA Participants, Right: PA Clinic

REGION NEWS

VANCOUVER ISLAND

Fitting how on BC Coaches Week we can salute one of our own. Congratulations to Jamie McGrigor of the Oak Bay Skating Club who, along with his partner, Kathy Hutchinson, was inducted into the Cambridge Ontario Sports Hall of Fame this spring. Jamie and Kathy were the Junior National Pairs Champions in 1973 and together won gold medals while competing in Grand Prix events in France and Germany. We are proud to have such a fine example of Canadian history among our list of elite coaches.



Thank you to all of our coaches who share their wealth of knowledge and expertise with our athletes young and old.

CNCR

The CNCR proudly congratulates the 2012-2013 Award Winners:

1. PA Award – Carlee Shenton – Fort St John
2. CanSkater of the Year – Addison Stone – Fort St John
3. STARSkater Athlete of the Year – Whitney Jarratt – Fort St John.



SUCCESSFUL BC TEAM & PROSPECT TEAM CAMPS HELD IN WHISTLER, BC

60 skaters descended on Whistler, BC from August 20-22, 2013 to attend the BC Team and Prospect Team Camps. The BC Team portion of the camp was held August 20 and 21 at Meadowpark Sports Centre. Skaters and coaches had the opportunity to work with 5 international judges and receive feedback on their program components and GOE's on their technical elements. Skaters also took part off ice dance and stretch classes.



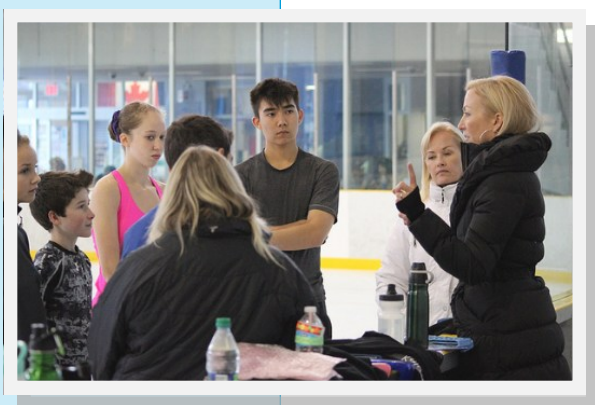
The Prospect Team Camp took place from August 21-22 at Meadowpark Sports Centre. The Prospect Team Skaters had the opportunity to observe BC Team practice sessions and participate in discussions as to what they saw the BC Team Members doing during their practice sessions. The highlight of the camp came when the BC Team Members welcomed the Prospect Team Members to the BC/YK Section skating family and presented them with a "Prospect Team" T-Shirt. The Prospect Team skaters also had the opportunity to work with the 5 international judges on program components and GOE's. To close out the camp on Thursday the Prospect Team Skaters took part in a mask making class and then wore their masks on the ice for a theatre on ice class. Prospect Team skaters also took part in an off ice dance class and had readiness assessments done.

Part of the uniqueness of having the camp in Whistler was having all the skaters stay together in the Whistler Athletes Centre. The Whistler Athletes Centre was used as the Whistler Athletes Village during the 2010 Winter Olympic Games and as part of a legacy from the 2010 Olympic Games has been turned into an affordable lodge where athletes can stay while training in Whistler. BC Team skaters stayed together in dorm-like settings while Prospect Team Skaters stayed in rooms with a parent. Breakfast and Dinner were prepared and

Cont...



WHISTLER CONT...



served by BC/YK Section volunteers in the state of the art kitchen at the Whistler Athlete Centre, while lunch was served at the Meadowpark Sports Centre. The Whistler Athletes Centre also provided the perfect setting for the athletes to get together in a casual setting at the end of each day of the camp. For more information on the Whistler Athletes Centre please visit <http://www.whistlerathletescentre.com/>

To see more photos from the camp please click the below link:

<http://www.flickr.com/photos/95599860@No8/sets/72157635364947881/>

The BC/YK Section looks forward to coming back to Whistler for the 2014 BC Team and Prospect Team Camps.



NOTICE TO ALL CLUBS



Just a reminder that clubs should update their club constitutions and by-laws every 5 years.

Please send our updated constitution and

Form 10 to:

Bev Viger

#2-6501 Sprott Street

Burnaby, BC

V5B 3B8

SAVE THE DATE:

Adult Figure Skating Seminar

The Aldergrove SC presents an Adult Figure Skating Seminar. The seminar will take place over two days at the Langley Events Centre, 7888-200th Street in Langley BC.

SATURDAY, NOVEMBER 9TH

8:45-12:45PM

&

SUNDAY NOVEMBER 19TH

9:15-1:15PM

- ⇒ Eight hours of on-ice time designed to improve your skating skills no matter what your level or focus**
- ⇒ A star-studded lineup of former World and Olympic competitors as well as seasoned coaching professionals— Moira North (Ice Theatre of new York), Tyrell Cockrum (Seattle and Sun Valley), Gary Beacom (World and Olympic Competitor) and Colleen Laferriere (2005 Coach of the Year & Aldergrove FSC Head Professional).**

If you are interested, get on the list today as the seminar is bound to sell out early.

Email: dianabarkley@shaw.ca or jameswilkins@me.com

SALT LAKE CITY

Cont. from cover....

“Last year we had some bumps in the road,” added Poje. “Those challenges have actually made us a stronger team., It showed us what we are capable of.”

Orford and Williams are only in their second season at the senior level but they’ll take a stab at trying to gain an Olympic spot.

“We are very happy with this kind of start to the season,” said Williams. “The performance level was there. We stayed engaged with the judges and ourselves. We know we are going to have to push harder against a very deep field if we want to earn that chance to wear the Canadian uniform.”

In women’s singles, Courtney Hicks led an American medal sweep with 171.88 points. Amélie Lacoste of Delson, Que., ranked fourth in both the short program and Saturday’s long program for fifth overall at 147.88.

Lacoste introduced her new routine which she will use in her bid to land a spot on the Olympic team. It is choreographed by Shae-Lynn Bourne.

“It’s a good start to the season,” said Lacoste, 24, the 2012 Canadian champion. “I lost my focus at the end of my program and that hurt my standing. But this is a program I love and right now I need to gain more confidence on my jumps.”

On Friday, Kirsten Moore-Towers of St. Catharines, Ont., and Dylan Moscovitch of Toronto successfully defended their pairs title.

Full results at: <http://www.usfigureskating.org/leaderboard/results/2013/68594/results.htm>

.....Article from Skate Canada—www.skatecanada.ca

“A dream doesn't become reality through magic; it takes sweat, determination and hard work.”

BC/YK SECTION SKATERS 2013 INTERNATIONAL ASSIGNMENTS



Madeline Edwards & Zhao Kai Pang—JGP Mexico- September 4-7, 2013

Nicole Orford & Thomas Williams—US Senior International- September 11-15, 2013

Brianna Delmaestro & Timothy Lum—JGP Poland— September 18-21, 2013

Julianne Delaurier—JGP Poland— September 18-21, 2013

Jessica Jiang & Tyler Miller— JGP Belarus—September 25-28, 2013

Jeremy Ten— Nebelhorn Trophy— September 25-28th, 2013

Mitchell Gordon— JGP Czech Republic— October 2-5, 2013

Kelsey Wong—JGP Czech Republic—October 2-5, 2013

Madeline Edwards & Zhao Kai Pang—JGP Czech Republic— October 2-5, 2013

Danielle Wu & Spencer Soo—JGP Czech Republic— October 2-5, 2013

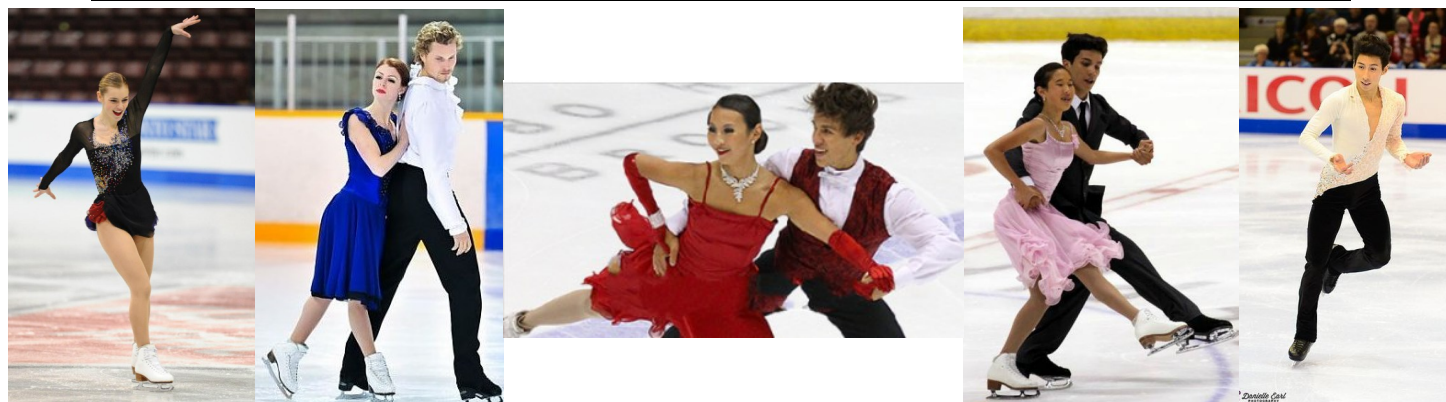
Larkyn Austman- JGP Estonia- October 9-13, 2013

Brianna Delmaestro & Timothy Lum- JGP Estonia- October 9-13, 2013

Kevin Reynolds—Cup of China— November 1-3, 2013

Nicole Orford & Thomas Williams—Trophee Bompard— November 15-17, 2013

Kevin Reynolds—Rostelecom Cup—November 22-24, 2013



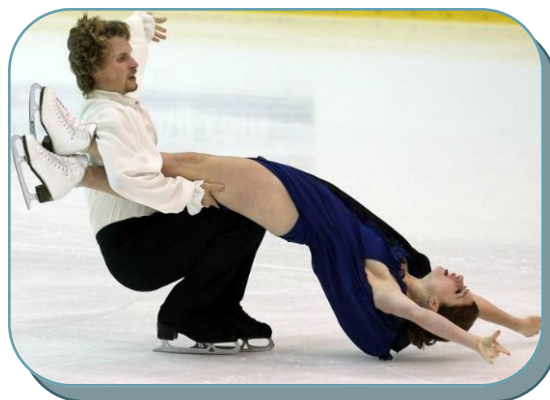
INTERNATIONAL MEDALISTS



**Madeline Edwards & Zhao
Kai Pang**

Silver Medal

JGP Mexico



Nicole Orford & Thomas Williams

Bronze Medal

US Senior International

INTERNATIONAL RESULTS



Brianna Delmaestro & Timothy Lum

5th Place

JGP Poland

~

Julianne Delaurier

9th Place

JGP Poland



COACHES CORNER

SAVE THE DATE: LIVE STREAMED TECHNICAL UPDATE

Mark your calendars! The BC/YK Section will once again be offering a live streamed technical update which will focus on the STAR Program changes and competitive updates for the 2013/2014 season.

Date: Thursday September 19th
Time: 10-11am

During the broadcast you are invited to text your questions to **604-418-3157**.










We hope that everyone tunes in and look forward to hearing from you!



COACHING CERTIFICATION TERMS

There seems to be some confusion in regards to the proper titles of coach certification levels. Some of us are using the new terminology and some of us are using the old terminology. In order to create consistency and limit confusion, we request that all clubs and coaches utilize the following chart and begin using the updated titles.

Old Title	New Title	What you can Coach
Level 1 Phase 1	CanSkate Trained	Only CanSkate (max of 2 years at this level)
N/A	CanSkate Certified	Only CanSkate (indefinitely, as long as you are registered as a Skate Canada Professional Coach yearly)
Level 1 Phase 2 / Phase 3 / Level 1 Trained	Primary STARSkate Trained	Can coach any level (for a maximum of 2 years while you work on Primary STARSkate Certified status)
Level 1 Phase 4/ Level 1 Certified	Primary STARSkate Certified	Can coach any level indefinitely, as long as you are registered as a Skate Canada Professional Coach yearly
Level 2 Theory	n/a	n/a
Level 2 Technical	ISPC Trained	Can coach any level indefinitely, as long as you are registered as a Skate Canada Professional Coach yearly
Level 2 Practical/ Certified	ISPC Certified	Can coach any level indefinitely, as long as you are registered as a Skate Canada Professional Coach yearly
Level 3, 4, 5	Level 3, 4, 5	

	CanSkate Trained This coach is trained but not certified and may instruct CanSkate only .
	CanSkate Certified Certified to coach CanSkate only .
	Primary STARSkate Trained This coach is trained but not certified and may instruct at the CanSkate, Primary STARSkate levels and above.
	Primary STARSkate Certified
	Intermediate STARSkate/Provincial Coach Certified
	Level 3 Certified
	Level 4 Certified
	Level 5 Certified
	CanPowerSkate Certified

CONTINUING COACH EDUCATION PROGRAM

New CEP Coach Registration Requirements for the 2014-2015 Season

All Skate Canada Professional Coaches wanting to register for the 2014-2015 membership season will be required to have a minimum of five CEP credits. These credits must be earned between September 1, 2012 and June 30, 2014. (Coaches have 22 months to gather credits)

Please see the links below for more information:

[CEP Statement of Qualifying Activities 2012-2014](#)

[CEP Statement of Activities 2012-2013](#)

Coming Soon.....

NCCP Instruction Beginner CanSkate Course
March 2014

NCCP Instruction Intermediate Primary STARSkate Course
March 2014

NCCP Instruction Intermediate STARSkate/Provincial Coach Courses (ISPC)
June 2014

NCCP Level 3 General Subjects & Technical Singles
June 2014

CanPowerSkate Course
June 2014

All dates TBD. Check the coaching page of our website for more information and coaching updates.

CLUBS



ARE YOU AT RISK?

Insurance

Are You Covered?

Are Your Personal Assets At Risk?

YOU (PERSONALLY) AND YOUR CLUB ARE AT RISK IF...

YOUR CLUB HAS NOT REGISTERED ALL SKATERS AND ALL CLUB BOARD MEMBERS ALONG WITH ACTIVE VOLUNTEERS.

YOUR CLUB RUNS ANY PROGRAMS THAT ARE NOT SKATE CANADA PROGRAMS – CANSKATE, STARSKATE, COMPETITIVESKATE AND CANPOWERSKATE.

YOUR CLUB DOES NOT DELIVER PROGRAMS ACCORDING TO THE MINIMUM PROGRAM DELIVERY STANDARDS SPECIFIED BY SKATE CANADA.

YOUR CLUB HIRES (OR ALLOWS) ANYONE TO COACH WHO IS NOT A CERTIFIED AND REGISTERED SKATE CANADA PROFESSIONAL COACH. GET A COPY OF THE SKATE CANADA PROFESSIONAL COACH MEMBERSHIP CARD FROM ALL YOUR COACHES TO BE SURE.

Skate Canada insurance only covers Skate Canada programs and Skate Canada members. If your club operates outside of those parameters, the Skate Canada insurance will not apply and you will not be protected. It's for your own protection.

GETTING TO KNOW OUR ATHLETES



Canada's Rising Star: Jeremy Ten

Canada's Jeremy Ten, who took his first steps on the ice 15 years ago, couldn't have imagined the position that he would be in as he approached his 25th birthday. This could be a birthday that is celebrated in Sochi, Russia at the 2014 Winter Olympic Games.

"Every competition coming up is just the stepping stone towards that," says Ten. "It would be a dream come true. I could honestly be skating in the middle of nowhere and I'd be happy just being on an Olympic team."

Like many of the male skaters who compete at the senior level, Ten pours his heart and soul into every program he skates. He skates for the love of the sport, not the fame and glory that could come from it.

Golden Skate took a moment to chat with Ten during a break at the 2013 BCYT Summer Skate at Ten's home arena. The skater was blasting Katy Perry's new single *Roar* on his earphones because of its "confident and positive message".

"I actually had a moment with Christina Aguilera today," said Ten. "I played some *Dirrty*. Anything that gets me feeling good is on my playlist."

For the Olympic season, Ten chose his program music with the theme of confidence and hope. His short program is set to the soundtrack of *W.E.*, specifically the track called *Dance For Me Wallis*.

"It gives me a feeling of fluidity and hope," says Ten. "The feeling that I wanted from the short program was to give me a little boost."

His coach, Joanne McLeod, found the music for his free program in the back of her closet. Ten took a listen to the music from Andrew Lloyd Webber's *Variations* on a drive home from the rink and automatically fell in love with the contemporary/modern movement that they could use for his choreography.

"It's got aggressive, strong, and confident evoking feelings," explained Ten. "It's almost like a ballet in a way. That was what our vision was when we choreographed this one."

During the fall season, Ten has at least 20 hours of training at the BC Centre of Excellence in Burnaby, British Columbia. That means spending a lot of his time either on the ice or doing off-ice activities such as dance classes and gym training. However, that isn't stopping him from having a life off the ice coming into the Olympic season.

Instead of taking a break from school to focus on his training full time, Ten is taking one 300 level Health Science class at Simon Fraser University. He took the advice of a fellow Canadian skater, Paul Poirier, who had decided not to take classes when working towards qualifying for the 2010 Vancouver Winter Games.

"Skating is our heart and soul," says Ten, "but it's good to have something that gives us a mental break. School can help snap you back into reality."

Ten has already finished a Kinesiology degree, and is now only nine courses towards the end of his Bachelor of Arts in Health Sciences. His goal with these degrees are to go into humanitarian work and maybe travel abroad for work.

"I've always been a people person and have always wanted to extend a hand and help people," says Ten.

"That's always been the kind of person I am."

September 16, 2013 - by Ashli Meynert

Photography © Jeremy Ten

**SKATE CANADA SYNCHRONIZED
SKATING CHAMPIONSHIPS ARE COMING TO
BURNABY**



[Click here for more event information](#)

COMING SOON:

2013 BC/YK SUPER SERIES AUTUMN LEAVES

OCTOBER 18-20, 2013

**PROSPERA CENTRE
45323 HODGINS AVE
CHILLIWACK, BC**



[CLICK HERE FOR MORE INFORMATION](#)

GOLD FEET



Danielle Del Vicario

Danielle has been skating for thirteen years and is active in all the disciplines, including synchro. Thanks to great coaching from Shirley Brown and Tami Kerr, she has successfully achieved her gold tests in skills, dance and interpretive. The BC Coast Region recently honoured her as their Star Skate Athlete of the year. A top honour student, she will be attending Durham University in England this fall, to pursue her love for English literature and history.

CHALLENGING GOLD TESTS

Many questions are being asked about Skate Canada's rules regarding challenging the Gold Tests. Hopefully the explanations in the link below will help!

There is the opportunity for a challenge of the Gold Free Skate test, Gold Dance test and Gold Interpretive Test. The Gold Skills test may not be challenged.

[Reference: BC/YK Communication 2013-03 General Information Update: March 2013 and Skate Canada Technical Handbook > Section 4000 STARSkate Program > Page 41 in the Skate Canada Rule Book, under 2.0 \(5\)](#)

IN MEMORIUM



Jack Boyle

It's with heavy hearts we announce the passing of well known skating coach Jack Boyle. Mr. Boyle was a longtime skating coach at the Vancouver Skating Club out of the Vancouver Forum at the PNE and taught at summer schools at the Capilano Winter Club. Jack was a big opera music fan and who brought professionalism to the ice.

For more information please visit:

<http://obits.dignitymemorial.com/dignity-memorial/obituary.aspx?n=John-Boyle&lc=3641&pid=166786191&mid=5654583>

SAVE THE DATE

**BC/YK Annual
General Meeting**

May 3 , 2014

Super Series Feedback Service

This Super Series Feedback Service is offered to skaters in the Juvenile-Junior events at all Super Series Competitions (Vancouver Island, Victoria Day, SummerSkate, Autumn Leaves, Sectionals, STARSkate Final). This is a great opportunity to receive feedback on your programs from our top assessors in BC.

JUVENILE EVENTS— Cost: \$25.00

-This includes 2 assessments: Technical GOE Assessment & Program Component Assessment

PRE-NOVICE, NOVICE & JUNIOR EVENTS—Cost \$35.00 per program or \$70.00 for both programs

-This includes 3 assessments per program: Technical Calls Assessment, Technical GOE Assessment, Program Component Assessment

What is the Feedback Service?

This is a program of the BC/YK Section's Skaters Development Committee established in conjunction with the new [Super Series](#) competitions. The program objectives are:

- To provide useful and accurate feedback to skaters in the competitive stream and their coaches.
- To raise awareness among skaters, coaches and parents of the criteria for assessment by Technical and Judging Panels.

To develop a cadre of technical specialists, controllers, referees and judges who can provide useful feedback to skaters and their coaches in a timely, accurate and appropriate way.

How Does it work?

Skaters or coaches make their request to have feedback on their scores and performances at the competition through the Section office. For each program requested, there are three different assessments:

- **Technical Calls Assessment:** Levels of Difficulty of elements called by the Technical Panel (e.g. lifts, step sequences, spins) as well as details about other aspects of the technical scores such as downgraded jumps.
- **Technical GOE Assessment:** Grades of Execution or GOE's, which are the scores on each element awarded by the judges on the quality of the elements executed.
- **Program Components Assessments:** these are the five scores which deal with overall aspects of the performance: Skating Skills, Transitions and Linking Movements; Performance and Execution; Choreography and Composition; Interpretation.

The assessments are conducted after the competitions. The goal is to promote a common understanding and use of the actual criteria used in establishing the scores on the skater's report card. [Sample assessments](#) can be found on the Skating in BC website.

Who are the Assessors?

Assessors are drawn from the list of Technical Specialists, Technical Controllers, Referees and Judges of the BC/YK Section. They are assigned by the Judges' and Technical Committees with input from the Skaters' Development Committee. Working from the report card and video of the skater's performance, the assessor addresses each score with relation to the criteria for evaluation. The objective is to enrich the understanding of both coach and skater with regards to improvement for the future, within the established criteria.

For more information contact Amy at amy@skatinginbc.com

ABOUT US

We are Skate Canada British Columbia and Yukon Section. We are run by a Board of Directors and Executive Committee supported by individual and specific discipline and operational committees. The BC/YTK Section has approximately 19,000 skaters, 115 clubs, 430 coaches and 229 officials which we serve. Our office has a staff of 3 full time and 4 part time staff.

EXECUTIVE COMMITTEE

Chairman: Lorraine Mapoles

Past Chairman: Gail Weber

Vice-Chairman: Sharon Dahl

Director of Finance: Syd Hughes

Directors: Laura Carr & Margaret Warwick

Technical Committee Chair: Janice Hunter

Competition Chair: Bev Viger

Executive Director: Ted Barton

BOARD OF DIRECTORS

Athletes Trust Chair: Diane Nielsen

Athlete Rep: Gary Wong

Coaches Chair: Marilyn Kreuzinger

Provincial Skater

Development Chair:

Laura Carr

Skating Programs Chair:

Margaret Warwick

Region Chairmen

BC Coast: Wendy Martin-Stroyan

CNCR: Sandra Leniuk

Kootenay: Shelley Verhelst

Okanagan: Joan Omasta

VI: Lynne Henderson-Drake

Skate Canada BC/YK

#2-6501 Sprott Street
Burnaby, B.C.
V5B 3B8

Phone: 604-205-6960
Fax: 604-205-6962
Toll Free: 1-888-752-8322



SKATECANADA
BRITISH COLUMBIA/YUKON

SECTION STAFF

Ted Barton	Executive Director	(604)205-9701
Danielle Williams	Manager of Operations	(604) 205-9702
Bev Viger	Financial Administrator	(604) 205-9703
Amy Slaght	Coaching & Communications Coordinator	(604) 205-6960
Tarrah Harvey	Production Manager	(604) 205-9704
Steve Muff	Director of Development	
Jamie McGrigor	Director of Development	