



## 2019 BC/YK Section Synchro Monitoring Dressing Room Schedule

| SATURDAY - NOVEMBER 2, 2019 |              |                 |                       |              |              |              |                        |
|-----------------------------|--------------|-----------------|-----------------------|--------------|--------------|--------------|------------------------|
| Team                        | Category     | Dressing Room # | Dressing Room In Time | On Ice Time  | Off Ice Time | Ice Duration | Dressing Room Out Time |
| LMSSC Junior                | Junior Short | 1               | 7:00                  | 8:00         | 9:00         | 1:00         | 9:45                   |
| LMSSC Ice X-pectation       | Juvenile     | 2               | 8:00                  | 9:00         | 9:45         | 0:45         | 10:30                  |
| LMSSC Ice X-cel             | Pre Novice   | 3               | 8:45                  | 9:45         | 10:30        | 0:45         | 11:15                  |
| <b>FLOOD</b>                |              |                 |                       | <b>10:30</b> | <b>10:50</b> | <b>0:20</b>  |                        |
| Aldergrove Ice Angels       | Juvenile     | 4               | 9:50                  | 10:50        | 11:35        | 0:45         | 12:20                  |
| Aldergrove Ice Spirits      | Adult II     | 1               | 10:35                 | 11:35        | 12:20        | 0:45         | 13:05                  |
| Aldergrove Black Ice        | Pre Novice   | 2               | 11:20                 | 12:20        | 13:05        | 0:45         | 13:50                  |
| <b>FLOOD</b>                |              |                 |                       | <b>13:05</b> | <b>13:35</b> | <b>0:30</b>  |                        |
| GVSSC Cypress               | Adult I      | 3               | 12:35                 | 13:35        | 14:35        | 1:00         | 15:20                  |
| GVSSC Sakura                | Open         | 4               | 13:35                 | 14:35        | 15:35        | 1:00         | 16:20                  |

| SUNDAY - NOVEMBER 3, 2019 |             |                 |                       |              |              |              |                        |
|---------------------------|-------------|-----------------|-----------------------|--------------|--------------|--------------|------------------------|
| Team                      | Category    | Dressing Room # | Dressing Room In Time | On Ice Time  | Off Ice Time | Ice Duration | Dressing Room Out Time |
| Maple Ridge Ice Symmetrix | Elementary  | 1               | 7:00                  | 8:00         | 8:30         | 0:30         | 9:15                   |
| Maple Ridge Ice Symmetrix | Beginner 1  | 2               | 7:30                  | 8:30         | 9:00         | 0:30         | 9:45                   |
| Maple Ridge Ice Symmetrix | Pre Novice  | 3               | 8:00                  | 9:00         | 9:45         | 0:45         | 10:30                  |
| <b>FLOOD</b>              |             |                 |                       | <b>9:45</b>  | <b>10:05</b> | <b>0:20</b>  |                        |
| Maple Ridge Ice Symmetrix | Juvenile    | 4               | 9:05                  | 10:05        | 10:50        | 0:45         | 11:35                  |
| LMSSC Ice X-perience      | Adult III   | 1               | 9:50                  | 10:50        | 11:20        | 0:30         | 12:05                  |
| LMSSC Ice X-quisite       | Adult II    | 2               | 10:20                 | 11:20        | 12:05        | 0:45         | 12:50                  |
| <b>FLOOD</b>              |             |                 |                       | <b>12:05</b> | <b>12:35</b> | <b>0:30</b>  |                        |
| LMSSC Junior              | Junior Free | 3               | 11:35                 | 12:35        | 13:35        | 1:00         | 14:20                  |
| LMSSC Ice X-calibur       | Open        | 4               | 12:35                 | 13:35        | 14:35        | 1:00         | 15:20                  |