



WEST COAST CHALLENGE CUP

SYNCHRO & ADULT COMPETITION

Saturday, March 1, 2014 - Poirier Sport & Leisure Complex

SATURDAY, MARCH 1, 2014					
Start	End	Category	Program	No.	Duration
8:40	9:00	FLOOD			0:20
9:00	9:10	Adult III	Free Program 1	2	0:10
9:10	9:35	Adult II	Free Program 1	3	0:25
9:35	9:55	FLOOD			0:20
9:55	10:15	Pre Novice	Free Program 1	3	0:20
10:15	10:35	Juvenile	Free Program	3	0:20
10:35	10:55	FLOOD			0:20
10:55	11:10	Beginner I	Free Program	3	0:15
11:10	11:20	Adult III	Free Program 2	2	0:10
11:20	11:40	FLOOD			0:20
11:40	12:05	Adult II	Free Program 2	3	0:25
12:05	12:25	Pre Novice	Free Program 2	3	0:20
12:25	12:35	Adult I	Exhibition	1	0:10
12:35	13:00	Synchro Presentations			0:25
13:00	13:20	FLOOD			0:20
13:20	13:50	Adult Intro Open Free	One warm-up	2	0:30
13:50	14:00	Open Adult I		2	0:10
14:00	14:10	Open Adult II		2	0:10
14:10	14:30	Bronze Free Skating	One warm-up	3	0:20
14:30	14:35	Masters Free Skating		1	0:05
14:35	15:00	Silver Free Skating - Group 1	One warm-up	3	0:25
15:00	15:15	Silver Free Skating - Group 2		4	0:15
15:15	15:35	FLOOD			0:20
15:35	15:50	Sr. Bronze Dance	Exhibition	1	0:15
15:50	16:05	Gold Dance	Exhibition	1	0:15
16:05	16:20	Pre Intro Interpretive - Group 1	One warm-up	4	0:15
16:20	16:30	Pre Intro Interpretive - Group 2		5	0:10
16:30	16:50	Intro Interpretive		5	0:20
16:50	17:05	Bronze Interpretive		3	0:15
17:05	17:15	Gold Interpretive - Group 1	One warm-up	2	0:10
17:15	17:30	Gold Interpretive - Group 2		3	0:15