



CNC REGIONAL CHAMPIONSHIPS

HOST: QUESNEL FIGURE SKATING CLUB

JANUARY 28TH – JANUARY 30th, 2022

COMPETITION DETAILS

Online registration must be completed by 11:45 pm, January 5th, 2022

NOTE: 48 hours following the closing of online registration, a list of all registrants will be posted on the [CNC Regional Championships page](#) of the Skating in BC website.

Everyone will then have 48 hours to notify the Karelo Registration contacts of any changes. Beyond this time period, no changes will be permitted. This is to facilitate a faster turn-around time for the competition schedule to be published and for the Tech Rep to organize officials for the competition.

DATE: JANUARY 28 – JANUARY 30TH, 2022

HOST: QUESNEL FIGURE SKATING CLUB

VENUE: WEST FRASER CENTRE
330 VAUGHN STREET, QUESNEL, BC

ICE SURFACE - Rink Size – Rink 200' x 85'

COMPETITION REGISTRAR – LYNN DUNN – quesnelfsc@hotmail.com

COMPETITION CHAIR PERSONS – ALICE GRANT – quesnelfsc@hotmail.com
LYNN DUNN – quesnelfsc@hotmail.com

KARELO REGISTRATION QUESTIONS & CORRECTIONS
CHERYL WALTERS – kcwalters@shaw.ca or **STACY FLOTRE –** asdflore@gmail.com

TECHNICAL INQUIRIES: JANICE HUNTER – janicedhunter@gmail.com

All provincial & BC/YK Section Event Vaccination Policies will be followed.
Everyone 12 and older MUST be double vaccinated as per the BC/YK Section Event Vaccination Policy.
Exemptions may be accepted; however, they MUST be approved by the BC/YT Section. Refer to the
[Event Vaccination Policy](#) for details.

Video submissions will not be allowed for any reason.

In the event that registrations have to be limited due to not enough ice time, they will be prioritized in the following manner: Freeskate, Special O, Artistic, Showcase Individual, Showcase Group & then Dance. Just like Assessment Days the highest levels will be allowed first & work our way down.

EVENTS TO BE HELD & FEES

Pre-Juvenile	Women U11	Men	\$95.00
Pre-Juvenile	Women U13	Men	\$95.00
Juvenile	Women U12	Men	\$95.00
Juvenile	Women U15	Men	\$95.00
STAR 2 Free Skate	Girls & Boys Combined		\$85.00
STAR 3 Free Skate	Girls & Boys Combined		\$85.00
STAR 4 Free Skate	Girls U10	Boys	\$90.00
STAR 4 Free Skate	Girls U13	Boys	\$90.00
STAR 4 Free Skate	Girls 13&O	Boys	\$90.00
STAR 5 Free Skate	Girls U10	Boys	\$95.00
STAR 5 Free Skate	Girls U13	Boys	\$95.00
STAR 5 Free Skate	Girls 13 & O	Men	\$95.00
STAR 6 Free Skate	Women	Men	\$95.00
STAR 7 Short Program	Women	Men	\$95.00
STAR 8 Freeskate	Women	Men	\$95.00
STAR 9 Short Program	Women	Men	\$95.00
STAR 10 Freeskate	Women	Men	\$95.00
Gold Freeskate	Women	Men	\$95.00
Star 5 Artistic	Combined Men & Women		\$90.00
STAR 7 Artistic	Combined Women & Men		\$90.00
Star 9 Artistic	Combined Women & Men		\$90.00
Gold Artistic	Combined Women & Men		\$90.00
Individual Showcase 1	Combined Women & Men		\$75.00
Individual Showcase 2	Combined Women & Men		\$75.00
Individual Showcase 3	Combined Women & Men		\$90.00
Individual Showcase 4	Combined Women & Men		\$90.00
Group Showcase 1	Combined Women & Men		\$85.00
Group Showcase 2	Combined Women & Men		\$85.00
Group Showcase 3	Combined Women & Men		\$95.00
Group Showcase 4	Combined Women & Men		\$95.00
STAR 2/3 Solo Pattern Dance	Lead or Follow		\$60.00
STAR 4/5 Solo Pattern Dance	Lead or Follow		\$60.00
STAR 6/7 Solo Pattern Dance	Lead or Follow		\$60.00
STAR 8/9 Solo Pattern Dance	Lead or Follow		\$60.00
STAR 10/Gold Solo Pattern Dance	Lead or Follow		\$60.00
Special O Level 1			\$75.00
Special O Level 2			\$75.00
Special O Level 3			\$75.00
Special O Level 4			\$75.00
Special O Level 5			\$75.00
Special O Level 6			\$75.00

ENTRY INFORMATION

[Online Registration](#) must be completed by **11:45 p.m. Sunday, January 5th, 2022**. Instructions for entering online can be found on page 7 of this announcement. All payments must be made online at the time of registration.

All provincial health guidelines will be followed and are subject to change on short notice.

Entry fees shall be refunded only if the competition is not held, there are too many registrations for the ice available, or the entry is withdrawn before the closing date of entry.

NO REFUNDS WILL BE GIVEN AFTER THE CLOSING DATE OF ENTRIES FOR ANY REASON WHATSOEVER.

REFUNDS THAT ARE APPROVED BEFORE THE COMPETITION CLOSING DATE ARE SUBJECT TO A 5% ADMINISTRATION FEE.

LATE ENTRIES MAY BE ACCEPTED AT THE DISCRETION OF THE LOC AND THE TECH REP AND WILL BE CHARGED DOUBLE THE FEE.

For all categories age shall be the age of the skater before July 1st, 2021 and assessments passed as of **the closing date of entries January 5th, 2022**. Age categories may be combined if there are insufficient in an individual category.

For event requirements and specifications, please refer to the 2021-2022 Skate Canada Technical Requirements Guides for STAR and Competitive, posted on the Technical page of the [Skating in BC website](#).

Note that the 2019-2020 STAR Standards for Assessment Guide will be used for this competition. Special Olympics events will be conducted in accordance with the 2021-2022 Special Olympics Technical Requirements posted on the Skating in BC website under Technical/Special Olympics

PLANNED PROGRAM SHEETS for ALL Free Skate & Artistic events except STAR 1, 2, 3 and 4 Freeskate are to be entered through Karelo when entering the Freeskate Event. **You will not be able to complete your Registration without entering the Planned Program Sheet.**

The final deadline to submit changes to planned program sheets is one week prior to the competition start. Please email **Cheryl Walters** kcwalters@shaw.ca or **Stacy Flotre** – asdflore@gmail.com. There will be a \$25 fee assessed for Planned Program Sheets that are received after **January 24, 2022**. Skaters will not be permitted to register at the competition until this fee has been paid and a planned program sheet has been submitted.

A tentative schedule of events and groups will be posted on the [CNC Regional Championships page](#) of the BC/YK Section website and on the [CNCR](#) website. Any last-minute changes to schedules will be posted on the websites and at the arena. **Please note that events may start up to one hour earlier than scheduled.**

ADDITIONAL INFORMATION

1. BC/YK SAFESPORT POLICY: Phone, video and/or mobile devices must be turned off and put away in bag while in the dressing room.
2. Skaters may enter only one event per discipline of Singles, Artistic or Showcase (skaters may enter an Individual Artistic or Showcase event AND a Group Showcase Event).
3. If short and free programs are listed as separate events, then skaters may enter one short and one free program. Depending on scheduling, skaters should be prepared to skate two programs on the same day. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
4. Should entries in an event be exceedingly large, the event will be divided into smaller group according to age. Each group will be considered a final.
5. If there is only one entry in any event, the competitor may skate for an evaluation*, skate up one level, or withdraw and the entry fee will be refunded. *Skating for an evaluation is only applicable to competitive categories and STAR Freeskate categories. If a technical panel is not available, the evaluation will be for Program Components only.
6. ON-SITE REGISTRATION: Skaters must register at least one hour before they are scheduled to skate.
7. WARM-UP TIMES:

STAR 2	3 minutes
STAR 3, 4 & 5	4 minutes
STAR 6 -Gold, Pre-Juvenile	5 minutes
Juvenile, Pre-Novice, Novice	6 minutes
Artistic	3 minutes
Showcase	3 minutes
Solo Dance	30 seconds without music, then 2 minutes 30 seconds with music
Special O	5 minutes

The warm-up time may be reduced to 3 minutes at the discretion of the Chief Referee.
All warm-up periods for one event must be equal.
8. COACHES: It is mandatory for all participating coaches to register at competitions and always show their accreditation during the competition to be at ice level during the events. **Only 1 coach per skater will be permitted at the boards for competition and warm-up.** Temporary accreditation will be issued for \$25.00 by showing current Skate Canada membership and First Aid information.
9. ADMISSION will be free to all. As per the [British Columbia Yukon Section Skate Canada Event Vaccination Policy](#), anyone aged 12 and over must either be double vaccinated and provide proof of this, or have a valid exemption approved by Skate Canada BC/YK Section before entry will be allowed.
10. AWARDS will be presented every hour on the hour.
11. Assessment: Assessments will not be offered at this competition.
12. Protests: [Skate Canada Protest Rule](#) will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative.

MUSIC REQUIREMENTS

- Music will only be accepted electronically via MP3 format. Do not begin the registration process until you have your music file ready to load.
- All mp3 files to be uploaded, must include the **skater's first name, last name, and the event the music is for** in the file name. e.g., Cheryl Walters – PreNovice Women U16.mp3. Questions can be directed to Cheryl Walters - kcwalters@shaw.ca or Stacy Flotre – asdflore@gmail.com
- Music files are not kept for the next competition. Skaters must submit their music for each individual competition.
- Competitors must hand in their back up USB - at the registration desk at least one hour prior to the start of their event.
- Only one program shall be recorded on each USB. The start of the music shall be recorded on the USB with less than two seconds of lead in. Competitor's name followed by music time (not skating time) shall be clearly printed on a small envelope, marked with the skater's name, home club, event, and total music time.
- The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each USB.
- Alternate electronic items such as iPhones, tablets, mp3 players etc. will not be accepted for playing music.

ONLINE REGISTRATION INSTRUCTIONS

CNC Region has an online registration system with the company Karelo.com. All registrations must be completed using this online system. [Click here](#) to register.

The registration system will generate an automatic email to the skater's **primary** coach. Coaches are encouraged to check the confirmation email to ensure their skater(s) is registered in the correct event. **IMPORTANT:** If you and your coach DO NOT receive an email confirmation from Karelo.com or receive a confirmation number, then you are NOT REGISTERED for the competition. If this occurs, please contact CHERYL WALTERS kcwalters@shaw.ca and/or STACY FLOTRE asdflore@gmail.com

Using Karelo for the first time: The first time you use Karelo.com to register for an event, you will be asked to choose a **log in name & a password**, and to enter your contact information. **When entering contact information, please use the SKATER's name and NOT the parent's or coach's name.** Skate Canada Number must be entered as per your Skate Canada Card (e.g., 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review [Karelo's Privacy Policy](#) for more details.

Entering your registration:

1. If you have never used Karelo.com before, go to [SIGN UP – I am new to Karelo.com](#) and select a login name and a password; enter your contact information. Then follow these steps:
Log in. Select the event that you want to register for from the Event list.
Enter your registration information, including the Planned Program Sheet information (if applicable).
2. You will not be able to complete your registration without this.
3. Enter your payment information (Debit Card, Visa or MasterCard). This is a secure transaction.
Your bank account or credit card is charged immediately
4. You are registered! Check your email for the confirmation email with your registration details
5. For more information and assistance go to [Karelo Frequently Asked Questions](#)