

2023 KOOTENAY REGIONAL CHAMPIONSHIPS

Hosted by the
Kootenay Region Board



OPEN TO ALL KOOTENAY REGION SKATERS

February 17-19, 2023



Skate Canada

Online Registrations must be completed by 11:45 pm, Friday, January. 6, 2023

NOTE: 48 hours following the closing of online registration, a list of all registrants will be posted on [Skate Kootenay](#) and on the [Kootenay Regional Championships](#) page of the Skating in BC website. Everyone then has 48 hours to notify the Registrar of any changes. Beyond this time period, no changes will be permitted. This is to facilitate a faster turn-around time for the competition schedule to be published and for the Tech Rep to organize officials for the competition.

DATE: February 17-19, 2023

HOST: Kootenay Region Executive

VENUE: Creston and District Community Complex
312-19th Avenue North
Creston, BC

ICE SURFACE: 85' x 190' with slightly rounded corners

REGISTRAR: Leanne Beddie
leannedbeddie@gmail.com
250-342-6607
(Note: Registration is online – see page 7 for details)

COMPETITION CHAIR: Leanne Beddie
leannedbeddie@gmail.com

EVENTS TO BE HELD & ENTRY INFORMATION

Pre-Juvenile	Women U11	Men	\$95.00
Pre-Juvenile	Women U13		\$95.00
Juvenile	Women U12	Men	\$95.00
Juvenile	Women U14		\$95.00
Pre Novice Short Program	Women	Men	\$95.00
Pre Novice Free Program	Women	Men	\$95.00
Novice Short Program	Women	Men	\$95.00
Novice Free Program	Women	Men	\$95.00
STAR 1			\$60.00
STAR 2			\$85.00
STAR 3			\$85.00
STAR 4	Girls U10	Boys	\$95.00
STAR 4	Girls U13		\$95.00
STAR 4	Girls 13&O		\$95.00
STAR 5	Girls U10	Boys	\$95.00
STAR 5	Girls U13		\$95.00
STAR 5	Girls 13&O		\$95.00
STAR 6 Free Skate	Women	Men	\$95.00
STAR 7 Short Program	Women	Men	\$95.00
STAR 8 Free Skate	Women	Men	\$95.00
STAR 9 Short Program	Women	Men	\$95.00
STAR 10 Free Skate	Women	Men	\$95.00
Gold Free Skate	Women	Men	\$95.00
Adult Intro Artistic Free Skate			\$95.00
Adult Bronze Artistic Free Skate			\$95.00
Adult Silver Artistic Free Skate			\$95.00
Adult Gold Artistic Free Skate			\$95.00
Star 5 Artistic			\$95.00
Star 7 Artistic			\$95.00
Star 9 Artistic			\$95.00
Gold Artistic			\$95.00
Adult Free Skate Intro Open	Women	Men	\$95.00
Adult Bronze Free Skate	Woman	Men	\$95.00
Adult Silver Free Skate	Woman	Men	\$95.00
Adult Gold Free Skate	Women	Men	\$95.00
Elements – Star 2			\$60.00
Elements – Star 3			\$60.00
Elements – Star 4			\$60.00
Elements – Star 5			\$60.00

Elements – Star 6			\$60.00
Elements – Star 7/8			\$60.00
Elements – Star 9/10			\$60.00
Elements - Gold			\$60.00
Open Elements * (this event will be offered if not enough entries in Star 6 & up)		\$60.00	
Solo Dance – STAR 2/3	‘Follow’ steps	‘Lead’ steps	\$60.00
Solo Dance – STAR 4-5	‘Follow’ steps	‘Lead’ steps	\$60.00
Solo Dance –STAR 6-7	‘Follow’ steps	‘Lead’ steps	\$60.00
Solo Dance –STAR 8-9	‘Follow’ steps	‘Lead’ steps	\$60.00
Solo Dance –STAR 10-Gold	‘Follow’ steps	‘Lead’ steps	\$60.00
Group Showcase 1			\$85.00
Group Showcase 2			\$85.00
Group Showcase 3			\$95.00
Group Showcase 4			\$95.00
Individual Showcase 1			\$75.00
Individual Showcase 2			\$85.00
Individual Showcase 3			\$95.00
Individual Showcase 4			\$95.00
STAR 3 Synchronized Skating**			0.00 See Below
STAR 4 Synchronized Skating**			0.00 See Below
Team Showcase			\$70.00

For event requirements and specifications, please refer to the 2022-2023 Skate Technical Requirements Guides for Adult, Podium Pathway, STAR Competition, and Synchro posted under **Technical** on skatinginbc.com

In all events, age categories may be combined if there are insufficient entries in individual categories.

**** Elements – Open** will only be offered if there are not enough entries in Elements STAR 6 and up. Do not enter this event online. Skaters will be informed if numbers warrant a change of category due to number of entries.

****Synchronized Skating Events:** Registration fees are regularly \$190.00 per team and \$20.00 per skater. However, for the 2022/2023 season these registration fees will be waived, to assist with the development of this discipline in the Kootenay Region.

An additional \$7.50 per entry has been included to offset the cost of live streaming

All payments must be made online at the time of registration. Online registration must be completed by **11:45 pm on Friday, January 6th, 2023**. Instructions for entering online can be found at the end of this announcement.

All provincial health guidelines will be followed and are subject to change on short notice.

Entry fees shall be refunded only if the competition is not held or if the entry is withdrawn before the closing date of entry. **NO REFUNDS WILL BE GIVEN AFTER THE CLOSING DATE OF ENTRIES OF THE COMPETITION (January 6th, 2023) FOR ANY REASON WHATSOEVER**

Planned Program Sheets for all free skate events, STAR 5 to Gold and Artistic categories with approximate times noted for each element must be attached to the registration form. The final deadline to submit changes to planned program sheets is Friday, February 10th, 2023 (one week prior to the competition start) – email to Shelley Verhelst – dominicv@telus.net. **There will be a \$25.00 fee assessed for Planned Program Sheets that are received after February 10, 2023.** Skaters will not be permitted to register at the competition until this fee has been paid and a planned program sheet has been completed.

Entries will close at 11:45 pm, Friday, January 6th, 2023.

LATE ENTRIES MAY BE ACCEPTED AT THE DISCRETION OF THE LOC AND THE TECH REP, AND WILL BE CHARGED DOUBLE THE ENTRY FEE.

For all categories age shall be the age of the skater before July 1, 2022 and assessments passed shall be as of January 6th, 2023 (closing date of entries). **Age categories may be combined if there are insufficient entries in an individual category.**

A tentative schedule of events and groups will be posted to Skating in BC website. Any last-minute changes to schedules will be posted on the websites and also at the arena. **Please note that events may start up to one half hour earlier than scheduled.**

Starting orders will be posted at the arena prior to the start of the competition.

ADDITIONAL INFORMATION

1. BC/YK Safesport Policy: Phone, video and/or mobile devices must be turned off and put away in a bag while in the dressing room.
2. Skaters may enter only one event per discipline in singles, Artistic, Elements, Solo Dance and Showcase. **If short and free programs are listed as separate events, skaters may enter one short and one free program.** Depending on scheduling, skaters should be prepared to skate two programs on the same day. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
3. All categories: Should entries in an event be exceedingly large, the event will be divided into smaller groups. Each group will be considered a final. STAR groups will be divided by age.
4. Should there be only one entry in any event, the competitor may skate for an evaluation*, skate up one level, or withdraw and the entry fee will be refunded. If there is a last-minute withdrawal in an event that had only 2 entries, the same options apply for the remaining skater.

*Skating for an evaluation is only applicable to competitive categories and STAR Free Skating categories. If a technical panel is not available, the evaluation will be for Program Components only.

5. ON-SITE REGISTRATION: Skaters must register/check-in at least 30 minutes before they are scheduled to skate.
6. SIZE OF WARM-UP GROUPS: The maximum number of skaters on warm-up for all STAR categories except STAR 1 will be 8.

7. WARM UP TIMES:

STAR 2	3 minutes
STAR 3,4 & 5	4 minutes
Pre-Juvenile, STAR 6 to Gold Free Skate	5 minutes
Juvenile, Pre Novice, Novice	6 minutes
Artistic	3 minutes
Adult Free Skate	5 minutes
Showcase	1 min per each competitor
Individual Elements	3 minutes
All Pattern Dance	30 sec without music, 2.5 min with music
Synchronized Skating	4 minutes

* At the discretion of the Referee, the warmup periods may be reduced to a minimum of 3 minutes. All warm-up periods for one event must be equal.

8. MUSIC REQUIREMENTS: (applies to all Singles, Artistic and Showcase Events except STAR 1)

- ALL SKATERS must submit music electronically via MP3 format to the following email address: krskatermusic@gmail.com
- **Music must be received by the registration deadline of January 6, 2023.**
- All competitors must have a copy of their music rink side with their coach. A USB memory stick is preferred but if submitting a CD, the following requirements must be met:
 - Only one program shall be recorded on each CD – same is true with a USB memory stick
 - The start of the music shall be recorded on the CD with less than two seconds of lead in
 - Competitor's name followed by music time (not skating time) shall be clearly printed on one side of the CD
 - Each CD shall be enclosed in its plastic container, also marked with the skater's name, home club, event (indicating short or free skate if applicable) and total music time
- Alternate electronic items such as iPhones, tablets, MP3 players, etc. will not be accepted.
- The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each USB Memory stick.

9. ADMISSION will be free to all.

10. AWARDS ceremonies will take place at the arena. All STAR 1, 2 and 3 skaters, will receive ribbons and report cards corresponding to their final assessment. Medals for 1st, 2nd and 3rd place will be awarded in all other Freeskate and Artistic events. Solo Dance STAR2/3, Showcase

1,2, Elements 2/3 will all be awarded ribbons. Solo Dance STAR4/5-Gold, Showcase 3,4 and Elements STAR 4-Open will all received medals for 1st, 2nd, 3rd.

11. COACHES: In order to be at ice level during the events, it is mandatory for all participating coaches to register in person at the competition and be wearing their 2022/2023 BC/YT Section Coach Card Accreditation. These Coach Accreditations can be purchased through the BC/YT Section Office and must be purchased at least two weeks prior to the competition. Temporary accreditation will be issued by showing current Skate Canada membership and First Aid information for \$25.00 per day (payable to the Kootenay Region Coaches Committee). **Please note that 2 coaches per skater or team will be permitted at the boards for competition and warm up.**
12. Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. **PLEASE NOTE:** You may only take pictures or videos of your own skater.
13. **For EKI and WKI competitions only:** Pre-Novice and Novice competitors may compete in the appropriate STAR event but will not accumulate Super Series points or be considered for the Kootenay Region Team.
14. PROTESTS: [Skate Canada Protest Rule](#) will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative.

Kootenay Region Team Showcase Event and Pool Party

Each Club from the Kootenays is encouraged to enter a team in our group Showcase Event. Each Kootenay Region Club can enter one team made up of skaters of all skating levels, including both women and men-maximum 2:00 minute program (no minimum time). The Program is not intended to be a synchro skating program-use of maneuvers should be limited. Lifts and throws of any kind are not permitted. This event will be assessed in two program components – Presentation and Skating Skills. Note: rules relating to STARSKATE illegal elements/movements apply.

The cost for this event is \$70.00 per team. The fee must be paid on the wufoo form and an updated list of skaters and Skate Canada numbers can be provided at check in for the event. Each team coach or team leader must check their team in no less than 30 minutes prior to the start of the event.

The Kootenay Region hosts a pizza and pool party immediately following the Team Showcase event at the Creston and District Community Complex Saturday evening from 7:00pm-9:00pm. To be included in the pool party you must register your number of participants Friday February 17th, 2023 at the registration desk of the Competition.

Kootenay Region Team Info:

Every year at the Super Series STARSkate Final, each Region submits a team of skaters to represent them at the competition.

Kootenay Region skaters are selected using the following criteria:

- Must attend the Super Series STARSkate Final
- Must skate in STAR 5 up to STAR 10, Gold, Pre-Juvenile or Juvenile
- Must compete in a Free Skate event in a minimum of 2 Region Competitions – one MUST be the Kootenay Championships
- Display good sportsmanship

[Online Registration Instructions](#)

The Kootenay Region is using the company Wufoo.com for online registration. All registrations must be completed using this system.

All skaters must pay their competition entry fee through PayPal. There is no login required to complete the Wufoo registration form. Skaters enter all their information in the required fields and then click “submit”. After clicking the submit button, a PayPal page will open to complete payment of the registration fee. Please note that it is not necessary to have a PayPal account to complete the registration process.

Be prepared with a planned program sheet to attach with the registration.

The system will generate an automatic email to the coach.