

# KLA HOW YA COMPETITION

DECEMBER 2<sup>nd</sup> – 4<sup>th</sup>, 2022



**HOST: PRINCE RUPERT SKATING CLUB**

**Online registration must be completed by 11:45 pm, Sunday, November 13, 2022**

**NOTE:** 48 hours following the closing of online registration, a list of all registrants will be posted on the [Kla How Ya competition page of Skating in BC website](#).

Everyone will then have 48 hours to notify the Karelo Registration contacts of any changes. Beyond this time period, no changes will be permitted. This is to facilitate a faster turn-around time for the competition schedule to be published and for the Tech Rep to organize officials for the competition.

**DATE:** December 2<sup>nd</sup> – December 4<sup>th</sup>, 2022

**HOST:** Prince Rupert Skating Club

**VENUE:** Jim Ciccone Civic Centre, 1000 McBride Street, Prince Rupert, BC

**ICE SURFACE:** 180' x 80'

**COMPETITION CHAIRPERSON:** CARISSA EASINGWOOD  
[prskatingclub@hotmail.ca](mailto:prskatingclub@hotmail.ca)  
(306) 941-0854

**COMPETITION REGISTRAR:** GINA JACKSON  
[prskatingclub@hotmail.ca](mailto:prskatingclub@hotmail.ca)  
(250) 622-4130

**KARELO INQUIRIES:** Stacy Flotre  
[asdflotre@gmail.com](mailto:asdflotre@gmail.com)

**TECHNICAL INQUIRIES:** CYNTHIA MEDEIROS  
[cnccompetitions@gmail.com](mailto:cnccompetitions@gmail.com)

### EVENTS TO BE HELD & ENTRY INFORMATION

Pre-Juvenile	Women U11	Men	\$95.00
Pre-Juvenile	Women U13	Men	\$95.00
Juvenile	Women U12	Men	\$95.00
Juvenile	Women U15	Men	\$95.00
STAR 2 Free Skate			\$85.00
STAR 3 Free Skate			\$85.00
STAR 4 Free Skate	Girls U10	Boys	\$90.00
STAR 4 Free Skate	Girls U13	Boys	\$90.00
STAR 4 Free Skate	Girls 13&O	Boys	\$90.00
STAR 5 Free Skate	Girls U10	Boys	\$95.00
STAR 5 Free Skate	Girls U13	Boys	\$95.00
STAR 5 Free Skate	Girls 13 & O	Men	\$95.00
STAR 6 Free Skate	Women	Men	\$95.00
STAR 7 Short Program	Women	Men	\$95.00
STAR 8 Freeskate	Women	Men	\$95.00
STAR 9 Short Program	Women	Men	\$95.00
STAR 10 Freeskate	Women	Men	\$95.00
Gold Freeskate	Women	Men	\$95.00
Star 5 Artistic			\$90.00
STAR 7 Artistic			\$90.00
Star 9 Artistic			\$90.00
Gold Artistic			\$90.00
Individual Showcase 1			\$75.00
Individual Showcase 2			\$75.00
Individual Showcase 3			\$90.00
Individual Showcase 4			\$90.00
Group Showcase 1			\$85.00
Group Showcase 2			\$85.00
Group Showcase 3			\$95.00
Group Showcase 4			\$95.00
STAR 2/3 Solo Pattern Dance	Lead or Follow		\$60.00
STAR 4/5 Solo Pattern Dance	Lead or Follow		\$60.00
STAR 6/7 Solo Pattern Dance	Lead or Follow		\$60.00
STAR 8/9 Solo Pattern Dance	Lead or Follow		\$60.00
STAR 10/Gold Solo Pattern Dance	Lead or Follow		\$60.00

All payments must be made online at the time of registration. Online registration must be completed by the 11:45 p.m. Sunday, November 11, 2022. Instructions for entering online can be found at the end of this announcement.

All provincial health guidelines will be followed and are subject to change on short notice.

Entry fees shall be refunded only if the competition is not held, or the entry is withdrawn before the closing date of entry.

NO REFUNDS WILL BE GIVEN AFTER THE CLOSING DATE OF ENTRIES OF THE COMPETITION DATE FOR ANY REASON WHATSOEVER.

[Online Registration](#) must be completed by **11:45 p.m. Sunday, November 11, 2022**. Instructions for entering online can be found on page 7 of this announcement.

LATE ENTRIES MAY BE ACCEPTED AT THE DISCRETION OF THE LOC AND THE TECH REP AND WILL BE CHARGED DOUBLE THE ENTRY FEE.

For all categories age shall be the age of the skater before July 1<sup>st</sup>, 2022 and assessments passed as of **the closing date of entries (November 11th, 2022)**. Age categories may be combined if there are insufficient entries in an individual category.

For event requirements and specifications, please refer to the 2022-2023 Skate Canada Technical Requirements Guides for STAR and Competitive, posted on the Technical page of the [Skating in BC website](#).

PLANNED PROGRAM SHEETS for ALL Free Skate events except STAR 2, 3 and 4 and all ARTISTIC events are to be entered through Karelo when entering the Freeskate Event. Note that Artistic Planned Programs must also indicate the start time of each element. **You will not be able to complete your Registration without entering the Planned Program Sheet.**

The final deadline to submit changes to planned program sheets is Friday, November 25, 2022 – one week prior to the competition start Please email **Stacy Flotre** – [asdflore@gmail.com](mailto:asdflore@gmail.com). There will be \$25 fee assessed for Planned Program Sheets that are received after **November 25th**. Skaters will not be permitted to register at the competition until this fee has been paid and a planned program sheet has been submitted.

A tentative schedule of events and groups will be posted on the [Kla How Ya Competition page](#) of the BC/YK Section and on the [CNCR](#) website. Any last-minute changes to schedules will be posted on the websites and at the arena. **Please note that events may start up to one hour earlier than scheduled.**

## ADDITIONAL INFORMATION

1. BC/YK Safesport Policy: Phone, video and/or mobile devices must be turned off and put away in a bag while in the dressing room.
2. Skaters may enter only one event per discipline of Singles, Artistic or Showcase (skaters may enter an Individual Artistic or Showcase event AND a Group Showcase Event).
3. If short and free programs are listed as separate events, then skaters may enter one short and one free program. Depending on scheduling, skaters should be prepared to skate two programs on the same day. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
4. Should entries in an event be exceedingly large, the event will be divided into smaller group according to age. Each group will be considered a final.
5. If there is only one entry in any event, the competitor may skate for an evaluation\*, skate up one level, or withdraw and the entry fee will be refunded. \*Skating for an evaluation is only applicable to competitive categories and STAR Freeskate categories. If a technical panel is not available, the evaluation will be for Program Components only.
6. ON-SITE REGISTRATION: Skaters must register at least one hour before they are scheduled to skate.

### 7. WARM-UP TIMES:

STAR 2	3 minutes
STAR 3, 4 & 5	4 minutes
STAR 6 -Gold, Pre-Juvenile	5 minutes
Juvenile, Pre-Novice, Novice	6 minutes
Artistic	3 minutes
Showcase	
Pattern Dance	30 sec. without music, then 2.5 min. with music
Special O	5 minutes

The warm-up time may be reduced to 3 minutes at the discretion of the Chief Referee.

All warm-up periods for one event must be equal.

8. COACHES: It is mandatory for all participating coaches to register at competitions. To be at ice level during the events, they must always show their accreditation during the competition. Temporary accreditation will be issued for \$25.00 by showing current Skate Canada membership and First Aid information.
9. ADMISSION will be free to all and in accordance with current Provincial Guidelines.
10. AWARDS will be presented every hour on the hour.
11. Assessments: Assessments will not be offered at this competition.
12. Protests: [Skate Canada Protest Rule](#) will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative.

## MUSIC REQUIREMENTS

- ALL SKATERS must submit music online as part of the Online Music Registration.
- Music will only be accepted electronically via MP3 format. Do not begin the registration process until you have your music file ready to load.
- All mp3 files to be uploaded, must include the **skater's first name, last name and the event the music is for** in the file name. e.g. Cheryl Walters – PreNovice Women U16.mp3.

Questions can be directed to Stacy Flotre - [asdflore@gmail.com](mailto:asdflore@gmail.com)

- Music files are not kept for the next competition. Skaters must submit their music for each individual competition.
- Competitors must hand in their back up file – USB flash drive - at the registration desk at least one hour prior to the start of their event. The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each USB.
- Alternate electronic items such as iPhones, tablets, mp3 players etc. will not be accepted for playing music.

## ONLINE REGISTRATION INSTRUCTIONS

CNC Region has an online registration system with the company Karelo.com. All registrations must be completed using this online system. [Click here](#) to register.

The registration system will generate an automatic email to the skater's **primary** coach. Coaches are encouraged to check the confirmation email to ensure their skater(s) is registered in the correct event.

**IMPORTANT:** If you and your coach **DO NOT** receive an email confirmation from Karelo.com or receive a confirmation number, then you are **NOT REGISTERED** for the competition. If this occurs, please contact STACY FLOTRE [asdflore@gmail.com](mailto:asdflore@gmail.com)

**Using Karelo for the first time:** The first time you use Karelo.com to register for an event, you will be asked to choose a [log in name & a password](#), and to enter your contact information. **When entering contact information, please use the SKATER's name and NOT the parent's name.** Skate Canada Number must be entered as per your Skate Canada Card (i.e. 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review [Karelo's Privacy Policy](#) for more details.

### **Entering your registration:**

If you have never used Karelo.com before, go to [SIGN UP – I am new to Karelo.com](#) and select a login name and a password; enter your contact information. Then follow these steps:

1. Log in. Select the event that you want to register for from the Event list.
2. Enter your registration information, including the Planned Program Sheet information (if applicable). You will not be able to complete your registration without this.
3. Enter your payment information (Debit Card, Visa or MasterCard). This is a secure transaction. Your bank account or credit card is charged immediately
4. You are registered! Check your email for the confirmation email with your registration details
5. For more information and assistance go to [Karelo Frequently Asked Questions](#)

## **HOST HOTEL INFORMATION**

### **Highliner Inn**

**815 1<sup>st</sup> Ave West, Prince Rupert, BC (250) 624-906**

### **Crest Hotel**

**222 1<sup>st</sup> Ave W, Prince Rupert, BC (855) 410-9**