

## 2021 CNC Regional Event Filming Instructions

All performances submitted by video are to follow the below instructions.

Videos must be submitted by **February 24, 2021 at 11:45pm** to the Dropbox Link provided to each club.

- Video is to be taken at centre ice at the boards level. Ideally to be shot from a players bench with no glass in front of the camera. Videos taken from the stands will not be accepted. It is important that when filming, all corners of the ice can be captured.
- Video can be shot on a video camera, tablet or cell phone as long as the video is good quality for submission. It is highly recommended to use a tripod to shoot the video.
- All programs must be filmed in high resolution(1920x1080). File Formats accepted are .MP4 and .MOV
- Filming is to begin with the skater skating away from the boards and taking their starting position as they normally would in a regular competition.
- The skater being filmed must be the only person on the ice and in competition attire.
- Music should be audible in the submitted video with no other voices heard near the camera.
- Skaters are only to perform once for their video. We trust that skaters and coaches will follow the warm up times and only perform once.
- Skater is to be kept in the middle of the frame and zoomed in as close as possible to see the skater from head to toe the entire time. Any videos that are too far away will not be accepted.
- Skaters are to perform to the camera.
- At the end of the video skater should bow and be filmed skating off the ice.
- Once the video(s) are complete they are to be uploaded to a Dropbox link that will be provided to each club.
- Please test the filming set up (ie phone, tablet/or camera) prior to performance, to ensure video quality.

[Click here to see a video that shows an example of the skater shot\(zoomed in and in the entire frame\) that we would be looking for in a submitted video.](#)

Scroll to 4:40 to watch the skater skating away from the board to their starting position.

Any questions regarding filming can be directed to the BC/YK Section at [bcyksection@skatinginbc.com](mailto:bcyksection@skatinginbc.com)

## Uploading Video Instructions

- Before submitting video, please name your video file with your athlete's full name and their category. FOR EXAMPLE: JOHN\_SMITH\_STAR5\_MEN.MOV
- Each club will be provided a link to upload their videos to.
- Upload the original video recorded (example a video that has been texted will have lower quality). Do not compress the file size, must upload original file.
- Video submissions must not contain any editing.