

# TOTEM COMPETITION

February 7 – 9<sup>th</sup>, 2020



**HOST: FORT ST JOHN FIGURE SKATING CLUB**

**Online registration must be completed by 11:45 pm, FRIDAY, DECEMBER 27th, 2019. Instructions for entering can be found on Page 7 of this Announcement.**

**NOTE:** 48 hours following the closing of online registration, a list of all registrants will be posted on the [Totem](#) competition page of Skating in BC website. Everyone then has 48 hours to notify the Registrar of any changes. Beyond this time period, no changes will be permitted. This is to facilitate a faster turn-around time for the competition schedule to be published and for the Tech Rep to organize officials for the competition.

**DATE: February 7 – 9, 2020**

**HOST: Fort St John Figure Skating Club**

**VENUE: Pomeroy Sports Centre**  
9324 96<sup>th</sup> Street, Fort St. John, BC V1J 0H6

**ICE SURFACES - Rink Sizes – 200' x 85'**

**COMPETITION CHAIRPERSON – Tanya Hardy** [fsjfsc@telus.net](mailto:fsjfsc@telus.net)

**REGISTRAR – Christie Peebles** [fsjfsc@telus.net](mailto:fsjfsc@telus.net)

**KARELO REGISTRATION QUESTIONS - Cheryl Walters -** [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca)

**TECH REP: Tiffany Edwardson -** [tmedwardsen@hotmail.com](mailto:tmedwardsen@hotmail.com)

**TECHNICAL INQUIRIES: MARILYN KREUZINGER –** [kreuzfam@gmail.com](mailto:kreuzfam@gmail.com)

**HOTEL INFO:** Pomeroy Hotel & Conference Centre  
11308 Alaska Road, FSJ, V1J 6L5  
Ph: 250 – 262 – 3233  
Sports rate: \$129 + tax for a standard double queen  
Booking Code: TFSC20

Holiday Inn Express  
9504 Alaska Road, FSJ V1J 6L5  
Ph: 250 – 787 – 7737  
Sports rate: \$129 + tax for a standard double queen – no code but need to mention you are with the figure skating group.

### EVENTS TO BE HELD & ENTRY INFORMATION

STAR 1*	Girls	Boys	\$55.00
STAR 2*	Girls	Boys	\$70.00
STAR 3*	Girls	Boys	\$80.00
STAR 4*	Girls U10	Boys	\$80.00
STAR 4*	Girls U13		\$80.00
STAR 4*	Girls 13 & O		\$80.00
STAR 5	Girls U10	Boys	\$80.00
STAR 5	Girls U13		\$80.00
STAR 5	Girls 13 & O		\$80.00
STAR 6	Women	Men	\$80.00
STAR 7	Women	Men	\$80.00
STAR 8	Women	Men	\$80.00
STAR 9	Women	Men	\$80.00
STAR 10	Women	Men	\$80.00
GOLD	Women	Men	\$80.00
Pre-Juvenile	Women U11		\$80.00
Pre-Juvenile	Women U13	Men	\$80.00
Juvenile	Women U12		\$80.00
Juvenile	Women U14		\$80.00
Pre-Novice Short Program	Women U16	Men U16	\$80.00
Pre Novice Free Program	Women U16	Men U16	\$80.00
Novice Short Program	Women U17	Men U17	\$80.00
Novice Free Program	Women U17		\$80.00
STAR 5 Artistic	Combined Women & Men		\$80.00
STAR 7 Artistic	Combined Women & Men		\$80.00
STAR 9 Artistic	Combined Women & Men		\$80.00
GOLD Artistic	Combined Women & Men		\$80.00
Individual Showcase 1	Combined Women & Men		\$60.00
Individual Showcase 2	Combined Women & Men		\$60.00
Individual Showcase 3	Combined Women & Men		\$75.00
Individual Showcase 4	Combined Women & Men		\$75.00
Group Showcase 1	Combined Women & Men		\$70.00 per group
Group Showcase 2	Combined Women & Men		\$70.00 per group
Group Showcase 3	Combined Women & Men		\$85.00 per group
Group Showcase 4	Combined Women & Men		\$85.00 per group
STAR 2 Elements	Combined Women & Men		\$40.00
STAR 3 Elements	Combined Women & Men		\$40.00
STAR 4 Elements	Combined Women & Men		\$40.00
STAR 5 Elements	Combined Women & Men		\$40.00
STAR 6 Elements	Combined Women & Men		\$40.00
STAR 7/8 Elements	Combined Men & Women		\$40.00
STAR 9/10 Elements	Combined Women & Men		\$40.00
GOLD Elements	Combined Women & Men		\$40.00
OPEN Elements (this event will be Offered if not enough entries in STAR 6 & up	Combined Women & Men		\$40.00
Quad Threat STAR 1	Combined Women & Men		\$50.00
Quad Threat STAR 2	Combined Women & Men		\$50.00
Quad Threat STAR 3	Combined Women & Men		\$50.00

STAR 2/3 Solo Pattern Dance	Follow (Lady's steps)	Lead (Man's steps)	\$50.00
STAR 4/5 Solo Pattern Dance	Follow (Lady's steps)	Lead (Man's steps)	\$50.00
STAR 6/7 Solo Pattern Dance	Follow (Lady's steps)	Lead (Man's steps)	\$50.00
STAR 8/9 Solo Pattern Dance	Follow (Lady's steps)	Lead (Man's steps)	\$50.00
STAR 10/Gold Pattern Dance	Follow (Lady's steps)	Lead (Man's steps)	\$50.00
Special O Level 1			\$64.00
Special O Level 2			\$64.00
Special O Level 3			\$64.00
Special O Level 4			\$64.00
Special O Level 5			\$64.00
Special O Level 6			\$64.00
Adult Intro Open Free Skating	Women	Men	\$80.00
Adult Bronze Free Skating	Women	Men	\$80.00
Adult Silver Free Skating	Women	Men	\$80.00
Adult Gold Free Skating	Women	Men	\$80.00
Adult Masters Free Skating	Women	Men	\$80.00
Adult Masters Elite Free Skating	Women	Men	\$80.00
Adult Introductory Interpretive	Women & Men Combined		\$80.00
Adult Bronze Interpretive	Women & Men Combined		\$80.00
Adult Silver Interpretive	Women & Men Combined		\$80.00
Adult Gold Interpretive	Women & Men Combined		\$80.00
Adult Elite Interpretive	Women & Men Combined		\$80.00
Beginner I Synchro			\$110.00
Beginner II Synchro			\$110.00
Elementary Synchro			\$110.00
Pre Novice Synchro			\$110.00
Adult I Synchro			\$110.00
Adult II Synchro			\$110.00
Adult III Synchro			\$110.00

**\*For the 2019-2020 season, STAR 1-4 will continue to be assessed using Gold, Silver, Bronze and Merit assessments**

### **QUAD THREAT EVENTS – skaters may enter Elements or Quad Threat but not both**

Quad Threat Events – Elements will be performed to a selected piece of music that will be electronically sent to all invited Clubs. Elements are performed in a solo type format. Elements may be performed in any order. STAR 1 and STAR 2 Events are to be choreographed on ½ ice. Technical marks will be given for the 3 required Elements and the Program Component “Presentation” will be awarded for the “Theatrical Aspect” of the Program.

**Note – the Choreography Sequence elements may be skated in any order. However, they must be skated consecutively – crosscuts and steps may be used between the elements.**

**All Quad Threat events will be assessed.**

#### **STAR 1 Quad Threat**

**Skating time: 45 secs**

Jump: Waltz Jump

Spin: 1 foot spin

Choreographed Sequence: Spiral on an edge followed by a Drag.

#### **STAR 2 Quad Threat**

**Skating time: 50 secs**

Jump: Toe Loop/Toe Loop Combination

Spin: Back spin

Choreographed Sequence: Forward Spiral on and Edge/FWD One Foot Sit Glide.

### **STAR 3 Quad Threat**

**Skating time: 1 min**

Jump: Loop/Loop Combination

Spin: Sit Spin or Camel spin

Choreographed Sequence: Forward Spiral on a Edge, Spread Eagle & FWD or BWD One Foot Sit Glide.

Entry Information: Entry fees shall be refunded only if the competition is not held or if the entry is withdrawn before the closing date of entry. No refunds will be given after the closing date of entries of the competition (December Dec 27th, 2019) for any reason whatsoever. Competition Surcharge is included in the fees. All payments must be made online at the time of registration.

**LATE ENTRIES WILL BE ACCEPTED AT THE DISCRETION OF THE LOC AND TECH REP AND WILL BE CHARGED DOUBLE THE ENTRY FEE.**

[Online Registration](#) must be completed by 11:45 p.m. Friday, December 27th, 2019. Instructions for entering online can be found on page 7 of this announcement.

For all categories age shall be the age of the skater before July 1, 2019 and tests passed shall be as of December 27th, 2019 (closing date of entries). Age categories may be combined if there are insufficient entries in an individual category.

For event requirements and specifications, please refer to the 2019-2020 Skate Canada Technical Requirements Guides for STAR and Competitive, posted on the Technical pages of the [Skating in BC website](#).

**PLANNED PROGRAM SHEETS** for ALL Free Skate & Artistic events except STAR 1, 2, 3 and 4 are to be entered through Karelo when registering for each event. **Synchro teams must also enter planned program content as part of the registration process. You will not be able to complete your Registration without entering the Planned Program Sheet.**

A tentative schedule of events and groups will be posted on the [Totem Competition](#) page of the BC/YK Section and on the [CNCR](#) website. Any last-minute changes to schedules will be posted on the websites and also at the arena. **Please note that events may start up to one hour earlier than scheduled.**

Starting orders will be posted a minimum of 24 hours prior to the start of the competition.

### **ADDITIONAL INFORMATION**

1. Skaters may enter only one event per discipline of singles, pairs, dance and artistic. If short and free programs are listed as separate events, then one short and one free program category may be entered. Depending on scheduling, skaters should be prepared to skate two programs on the same day. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
2. Should entries in an event be exceedingly large, the event will be divided into smaller group according to age. Each group will be considered a final.
3. If there is only one entry in any event, the competitor may skate for an evaluation\*, skate up one level, or withdraw and the entry fee will be refunded. \*Skating for an evaluation is only applicable to competitive categories and STAR Freeskate categories. If a technical panel is not available, the

evaluation will be for Program Components only.

4. ON-SITE REGISTRATION: Skaters must register at least one hour before they are scheduled to skate.

5. WARM-UP TIMES:

STAR 2	3 minutes
STAR 3,4 & 5	4 minutes
STAR 6 -Gold, Pre-Juvenile	5 minutes
Juvenile, Pre-Novice, Novice	6 minutes
Pattern Dance	30 sec without music, 2:30 with music
Artistic	3 minutes
Showcase	1 minute per team prior to performance
Elements & Team Elements	3 minutes
Quad Threat	3 minutes
Special O	5 minutes
Adult Freeskate	5 minutes
Adult Interpretive	3 minutes
All Synchro categories	1 minute per team prior to performance

The warm-up time may be reduced to 3 minutes at the discretion of the Chief Referee.

All warm-up periods for one event must be equal.

6. COACHES: It is mandatory for all participating coaches to register at competitions and show their accreditation at all times during the competition in order to be at ice level during the events. Temporary accreditation will be issued for \$25.00 by showing current Skate Canada membership and First Aid information.
7. ADMISSION will be free to all
8. AWARDS will be presented every hour on the hour.
9. Tests: Tests will not be offered at this competition.
10. Protests: [Skate Canada Protest Rule](#) will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative.

### MUSIC REQUIREMENTS

- ALL SKATERS with the exception of STAR 1 must submit music online as part of the Online Music Registration. This includes solo pattern dance music if skaters are using Skate Canada Contemporary Pattern Dance Music selections.
- Quad Threat music will be supplied by the host club.
- Music will only be accepted electronically via MP3 format. Do not begin the registration process until you have your music file ready to load.
- All mp3 files to be uploaded, must include the **skater's first name, last name and the event the music is for** in the file name. e.g. Cheryl Walters – PreNovice Women U16.mp3. Questions can be directed to Cheryl Walters - [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca)
- Music files are not kept for the next competition. Skaters must submit their music for each individual competition.

- Competitors must hand in their back up file – either USB flash drive or CD - at the registration desk at least one hour prior to the start of their event. The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each USB/CD.
- Alternate electronic items such as iPhones, tablets, mp3 players etc. will not be accepted for playing music.
- The preferred backup format is a USB flash drive. If submitting a backup CD, the following requirements must be met: Only one program shall be recorded on each CD. The start of the music shall be recorded on the CD with less than two seconds of lead in. Competitor's name followed by music time (not skating time) shall be clearly printed on one side of the CD. Each CD shall be enclosed in its plastic container, also marked with the skater's name, home club, event, and total music time.

## ONLINE REGISTRATION INSTRUCTIONS

**CNC Region has an online registration system with the company Karelo.com.** All registrations must be completed using this online system. [Click here](#) to register.

**The registration system will generate an automatic email to the skater's coach. Coaches are encouraged to check the confirmation email to ensure their skater(s) is registered in the correct event.**

**IMPORTANT: If you and your coach DO NOT receive an email confirmation from Karelo.com or receive a confirmation number, then you are NOT REGISTERED for the competition. If this occurs, please contact CHERYL WALTERS [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca) and/or the Registrar, CHRISTIE PEEBLES [fsjpsc@telus.net](mailto:fsjpsc@telus.net)**

**Using Karelo for the first time:** The first time you use Karelo.com to register for an event, you will be asked to choose a [log in name & a password](#), and to enter your contact information. **When entering contact information, please use the SKATER's name and NOT the parent's name.** Skate Canada Number must be entered as per your Skate Canada Card (i.e. 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review Karelo's [Privacy Policy](#) for more details.

### **Entering your registration:**

If you have never used Karelo.com before, go to '[I am new to Karelo.com](#)' and select a login name and a password; enter your contact information. Then follow these steps:

1. Log in. Select the event that you want to register for from the Event list.
2. Enter your registration information, including the Planned Program Sheet information (if applicable). You will not be able to complete your registration without this.
3. Enter your credit card information (Visa or MasterCard). This is a secure transaction. Your credit card is charged immediately.
4. You are registered! Check your email for the confirmation email with your registration details